



# LESSOC - Tour du Lac

3ème édition 2023

La course // La balade



## la Mobilière

### Classements SCRATCH

9,2 KM

| Cl                           | Dos. | Nom et prénom      | An.  | Cat. | Domicile         | Club / Team                   | Temps   | Écart   |
|------------------------------|------|--------------------|------|------|------------------|-------------------------------|---------|---------|
| <b>SCRATCH Hommes 9,2 km</b> |      |                    |      |      |                  |                               |         |         |
| 1                            | 102  | Schouwey Jérémy    | 1991 | M20  | Neirivue         | CS Broc / Trilogie Sport      | 34:13.0 |         |
| 2                            | 38   | Deillon Matthieu   | 1993 | M20  | Broc             | CS Le Pâquier                 | 35:08.3 | 55.3    |
| 3                            | 46   | Dénervaud Rémy     | 1996 | M20  | Les Sciernes     | HOKA ONE ONE                  | 35:42.4 | 1:29.4  |
| 4                            | 133  | Xausa Giacomo      | 1992 | M20  | Lausanne         |                               | 37:08.4 | 2:55.4  |
| 5                            | 154  | Girard Damien      | 1992 | M20  | Lieffrens        | CS Le Paquier                 | 37:48.7 | 3:35.7  |
| 6                            | 166  | Morard Quentin     | 2001 | M20  | Marsens          | CS Le Paquier                 | 39:33.4 | 5:20.4  |
| 7                            | 165  | Philipona Tristan  | 1998 | M20  | Rechthalten      | AT Rechthalten                | 39:42.2 | 5:29.2  |
| 8                            | 4    | Andrey Loïc        | 2002 | M20  | Vuippens         | CS Dzerdzire                  | 40:22.1 | 6:09.1  |
| 9                            | 159  | Dénervaud Maxime   | 2000 | M20  | Les Sciernes     |                               | 40:50.1 | 6:37.1  |
| 10                           | 18   | Beaud Victor       | 1998 | M20  | Grandvillard     | Ski-club Grandvillard         | 40:57.7 | 6:44.7  |
| 11                           | 138  | Seydoux Théo       | 1999 | M20  | Vaulruz          | Sportif D Elite               | 41:01.0 | 6:48.0  |
| 12                           | 1922 | Grandjean Kévin    | 1998 | M20  | Broc             | TDB                           | 41:16.1 | 7:03.1  |
| 13                           | 6    | Andrey Fabien      | 1999 | M20  | Botterens        | Team MBF                      | 41:25.9 | 7:12.9  |
| 14                           | 82   | Meyer David        | 1980 | M40  | Le Pâquier       |                               | 41:28.1 | 7:15.1  |
| 15                           | 66   | Gendre Quentin     | 1994 | M20  | Broc             | CS Broc                       | 41:33.1 | 7:20.1  |
| 16                           | 91   | Pochon Frédéric    | 1973 | M50  | Avry-Devant-Pont | CS Hauteville                 | 41:45.3 | 7:32.3  |
| 17                           | 42   | Demierre Arnaud    | 2005 | M20  | Cerniat          | Team Spelemat / CS le Pâquier | 41:56.6 | 7:43.6  |
| 18                           | 144  | Gremaud Maxime     | 1991 | M20  | Grandvillard     | CS Broc                       | 42:03.0 | 7:50.0  |
| 19                           | 19   | Berchier Logan     | 1995 | M20  | Enney            | SC Enney                      | 42:55.4 | 8:42.4  |
| 20                           | 59   | Fracheboud Didier  | 2001 | M20  | Lessoc           | CS Neirivue                   | 42:55.8 | 8:42.8  |
| 21                           | 1    | Aebischer Kevin    | 1994 | M20  | Le Bry           | CS Broc                       | 43:30.3 | 9:17.3  |
| 22                           | 3    | Amoos Patrick      | 1971 | M50  | Genève           |                               | 43:32.7 | 9:19.7  |
| 23                           | 107  | Sudan Mike         | 1984 | M20  | Albeuve          | Ski club lys                  | 43:54.9 | 9:41.9  |
| 24                           | 85   | Morand Benoit      | 1978 | M40  | Broc             | GoldenBird Crossfit           | 44:05.9 | 9:52.9  |
| 25                           | 98   | Ruffieux Jean-Luc  | 1971 | M50  | Botterens        | Les él'ibes                   | 44:14.0 | 10:01.0 |
| 26                           | 65   | Grandjean Johann   | 2001 | M20  | Morlon           |                               | 44:21.5 | 10:08.5 |
| 27                           | 130  | Tinguely Matthieu  | 1989 | M20  | Promasens        |                               | 44:22.1 | 10:09.1 |
| 28                           | 79   | Mesot Jean-Pierre  | 1969 | M50  | Mézières         | CS Vallée du Flon             | 44:27.8 | 10:14.8 |
| 29                           | 101  | Schneider Jean-Luc | 1983 | M40  | Lessoc           |                               | 44:29.8 | 10:16.8 |
| 30                           | 32   | Castella Rémi      | 1988 | M20  | Lessoc           | CS le Pasquier                | 44:33.5 | 10:20.5 |
| 31                           | 58   | Florio Nicolas     | 1994 | M20  | Marsens          | CS Marsens                    | 45:39.9 | 11:26.9 |
| 32                           | 126  | Gachet Jean        | 2005 | M20  | Broc             | O2 Mountainbike               | 45:46.8 | 11:33.8 |
| 33                           | 134  | Wicht Patrick      | 1969 | M50  | Le Pâquier       |                               | 46:00.3 | 11:47.3 |
| 34                           | 72   | Jungo Arnaud       | 1995 | M20  | Bulle            | Team MBF                      | 46:06.2 | 11:53.2 |
| 35                           | 93   | Progin Emile       | 2005 | M20  | Avry-Devant-Pont |                               | 46:39.0 | 12:26.0 |
| 36                           | 156  | Gimmi Olivier      | 1978 | M40  | Saint-Prex       |                               | 46:42.4 | 12:29.4 |
| 37                           | 76   | Marmy Christophe   | 1973 | M50  | Murist           | A Travers Cugy                | 46:48.1 | 12:35.1 |
| 38                           | 70   | Jolliet Paul       | 2000 | M20  | Lessoc           |                               | 46:53.1 | 12:40.1 |
| 39                           | 69   | Jolliet Charly     | 1992 | M20  | Fribourg         | GMPF                          | 46:53.7 | 12:40.7 |
| 40                           | 37   | Cuennet Alexandre  | 1991 | M20  | Bulle            |                               | 47:04.1 | 12:51.1 |
| 41                           | 5    | Andrey Matthias    | 1985 | M20  | Albeuve          |                               | 47:12.3 | 12:59.3 |



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|------|------|-------------------------|------|------|----------------------|-----------------------|---------|---------|
| 42   | 152  | Gendre Antoine          | 1994 | M20  | Bulle                |                       | 47:33.4 | 13:20.4 |
| 43   | 20   | Blanc Valentin          | 1983 | M40  | Lessoc               | Les Elibes            | 47:34.3 | 13:21.3 |
| 44   | 167  | Clément Ludovic         | 1981 | M40  | Veytaux              | FC Roche              | 47:49.6 | 13:36.6 |
| 45   | 8    | Baeriswyl Cédric        | 1998 | M20  | La Roche             | Team Jolanas          | 47:53.8 | 13:40.8 |
| 46   | 143  | Perraudin Raphael       | 2004 | M20  | Ecuvillens           |                       | 47:58.1 | 13:45.1 |
| 47   | 43   | Doutaz Alain            | 1981 | M40  | Pringy               |                       | 48:01.7 | 13:48.7 |
| 48   | 39   | Delacombaz Luc          | 1985 | M20  | Montbovon            |                       | 48:02.7 | 13:49.7 |
| 49   | 41   | Demierre Nicolas (2007) | 2005 | M20  | Cerniat              | Team Speleimat        | 48:16.1 | 14:03.1 |
| 50   | 16   | Beaud Raphaël           | 1976 | M40  | Neirivue             | CS Neirivue           | 48:19.8 | 14:06.8 |
| 51   | 25   | Busch Jacques           | 1991 | M20  | Fribourg             |                       | 48:31.3 | 14:18.3 |
| 52   | 153  | Badoux Laurent          | 1968 | M50  | Forel Sur Lucens     | A travers Cugy        | 49:23.8 | 15:10.8 |
| 53   | 60   | Fragnière Nicolas       | 1981 | M40  | Neirivue             | Team Lys'Alp          | 49:45.4 | 15:32.4 |
| 54   | 26   | Bétrisey Pierre         | 1998 | M20  | Grimisuat Vs         |                       | 50:09.6 | 15:56.6 |
| 55   | 49   | Egger Sylvain           | 1988 | M20  | Vuadens              |                       | 50:45.4 | 16:32.4 |
| 56   | 136  | Menoud Olivier          | 1972 | M50  | Romanens             | FSG Sales             | 50:56.8 | 16:43.8 |
| 57   | 53   | Fellay Yann             | 1998 | M20  | Estavannens          |                       | 51:24.7 | 17:11.7 |
| 58   | 51   | Esseiva Pierre-André    | 2002 | M20  | Vaulruz              | Sportif d'élites      | 52:05.8 | 17:52.8 |
| 59   | 22   | Bonada Benjamin         | 1987 | M20  | Onex                 |                       | 52:20.6 | 18:07.6 |
| 60   | 86   | Nicod Philippe          | 1965 | M50  | La Tour-De-Trême     |                       | 52:48.7 | 18:35.7 |
| 61   | 14   | Beaud Sylvain           | 1992 | M20  | Pringy               | Ski club Lys          | 53:06.9 | 18:53.9 |
| 62   | 92   | Poscia Aurélien         | 1987 | M20  | Bernex               |                       | 53:28.2 | 19:15.2 |
| 63   | 99   | Saudan Loïc             | 1991 | M20  | La Tour-De-Trême     |                       | 53:44.7 | 19:31.7 |
| 64   | 24   | Both Julien             | 1987 | M20  | Lessoc               |                       | 53:57.9 | 19:44.9 |
| 65   | 108  | Tcheau Alain            | 1969 | M50  | La Tour-De-Trême     |                       | 54:10.1 | 19:57.1 |
| 66   | 128  | Fuster Christian        | 1984 | M20  | Pringy               |                       | 54:14.3 | 20:01.3 |
| 67   | 132  | Tornare Vincent         | 1998 | M20  | Le Paquier           |                       | 54:35.9 | 20:22.9 |
| 68   | 33   | Castella Pierre         | 1976 | M40  | Estavayer-Le-Lac     | TriClub Estavayer     | 54:36.5 | 20:23.5 |
| 69   | 34   | Challet Nathan          | 2002 | M20  | La Pâquier-Montbarry |                       | 54:43.1 | 20:30.1 |
| 70   | 61   | Galley Grégoire         | 1993 | M20  | Prez-Vers-Noréaz     |                       | 55:16.4 | 21:03.4 |
| 71   | 52   | Favre Samuel            | 1976 | M40  | Riaz                 |                       | 55:27.2 | 21:14.2 |
| 72   | 50   | Esseiva Vincent         | 1981 | M40  | Riaz                 |                       | 55:30.3 | 21:17.3 |
| 73   | 103  | Schuler Hugo            | 1990 | M20  | Bulle                | Team lys'alp          | 55:31.8 | 21:18.8 |
| 74   | 44   | Duding Jérôme           | 1986 | M20  | Neirivue             |                       | 56:18.3 | 22:05.3 |
| 75   | 63   | Gende Carlos            | 1965 | M50  | Bulle                | Amical 600            | 56:32.1 | 22:19.1 |
| 76   | 21   | Bochud Lénaïc           | 1987 | M20  | Lessoc               |                       | 56:33.2 | 22:20.2 |
| 77   | 163  | Peiry Julien            | 2000 | M20  | Treyvaux             |                       | 56:35.9 | 22:22.9 |
| 78   | 131  | Fragnière Gérald        | 1964 | M50  | Marsens              |                       | 56:39.2 | 22:26.2 |
| 79   | 83   | Meyer Timour            | 1993 | M20  | Rossens              |                       | 56:58.6 | 22:45.6 |
| 80   | 77   | Martinez Vincent        | 1970 | M50  | Bulle                |                       | 57:03.4 | 22:50.4 |
| 81   | 155  | Silva Diam              | 1963 | M50  | Arconciel            | CA Portugais Fribourg | 57:19.7 | 23:06.7 |
| 82   | 104  | Schuler Jean-Roland     | 1961 | M50  | Bulle                | Team Lys'Alp          | 57:31.8 | 23:18.8 |
| 83   | 147  | Muller Jérôme           | 1986 | M20  | Môtiers              |                       | 58:25.7 | 24:12.7 |
| 84   | 129  | Tercier Michel          | 1949 | M50  | Charmey              |                       | 58:48.3 | 24:35.3 |



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| 85 | 15   | Beud Robert           | 1988 | M20  | Château D' Oex     | Ski club lys Albeuve | 59:26.8   | 25:13.8   |
| 86 | 12   | Bapst Christophe      | 1969 | M50  | Bulle              |                      | 1h00:06.6 | 25:53.6   |
| 87 | 31   | Castella Joseph       | 1962 | M50  | Neirivue           | Joseph               | 1h00:15.1 | 26:02.1   |
| 88 | 30   | Carrel Christophe     | 1986 | M20  | Autigny            |                      | 1h02:24.1 | 28:11.1   |
| 89 | 148  | Jaquet Pierre         | 1995 | M20  | Broc               |                      | 1h02:51.5 | 28:38.5   |
| 90 | 55   | Felli Olivier         | 1976 | M40  | Châtel-Saint-Denis |                      | 1h03:23.7 | 29:10.7   |
| 91 | 141  | Clément Jean-François | 1956 | M50  | Ependes            | CA Rosé              | 1h05:31.3 | 31:18.3   |
| 92 | 13   | Barras Xavier         | 1975 | M40  | Ecuvillens         |                      | 1h17:16.1 | 43:03.1   |
| 93 | 157  | Fragnière Bernard     | 1962 | M50  | Avry-Devant-Pont   |                      | 1h24:21.4 | 50:08.4   |
| 94 | 64   | Gomes Daniel          | 1990 | M20  | Lausanne           |                      | 1h35:39.4 | 1h01:26.4 |
| 95 | 28   | Carrel Daniel         | 1962 | M50  | Chernex            |                      | 1h35:43.3 | 1h01:30.3 |
| 96 | 89   | Poncet Joel           | 1970 | M50  | Magland            | SPAC                 | 2h07:39.3 | 1h33:26.3 |

SCRATCH Femmes 9,2 km

|    |     |                      |      |     |                  |               |         |         |
|----|-----|----------------------|------|-----|------------------|---------------|---------|---------|
| 1  | 110 | Trachsel Steffi      | 1981 | F40 | Crésuz           |               | 41:33.5 |         |
| 2  | 48  | Ecoffey Sarah        | 1993 | F20 | Pringy           |               | 47:16.6 | 5:43.1  |
| 3  | 142 | Vallotton Christelle | 1978 | F40 | Lens             |               | 47:43.1 | 6:09.6  |
| 4  | 84  | Mooser Elyne         | 2004 | F20 | Charmey          | Sc Im Fang    | 48:36.8 | 7:03.3  |
| 5  | 80  | Mettler Lucie        | 2000 | F20 | Bern             |               | 49:51.7 | 8:18.2  |
| 6  | 112 | Vionnet Nordine      | 1989 | F20 | Broc             |               | 49:53.6 | 8:20.1  |
| 7  | 75  | Livache Manon        | 2002 | F20 | Charmey          |               | 50:04.2 | 8:30.7  |
| 8  | 96  | Robotel Julie        | 1998 | F20 | Fribourg         |               | 50:09.3 | 8:35.8  |
| 9  | 164 | Gurtner Valérie      | 1994 | F20 | Pringy           | Ski club Lys  | 50:37.9 | 9:04.4  |
| 10 | 160 | Frossard Chantal     | 1973 | F50 | La Tour-De-Trême | SA Bulle      | 51:14.6 | 9:41.1  |
| 11 | 54  | Fellay Théa          | 2001 | F20 | Gumefens         | CS Marsens    | 51:30.3 | 9:56.8  |
| 12 | 145 | Schuler Cosette      | 1997 | F20 | Bulle            | Team Lys'Alp  | 51:38.6 | 10:05.1 |
| 13 | 158 | Beud Lucie           | 1983 | F40 | Grandvillard     | Team Lys'Alp  | 51:52.2 | 10:18.7 |
| 14 | 161 | Scheurer Isabelle    | 1972 | F50 | Grandvillard     | CARC Romont   | 52:04.9 | 10:31.4 |
| 15 | 81  | Meyer Sandra         | 1988 | F20 | Bulle            |               | 52:11.5 | 10:38.0 |
| 16 | 135 | Sciboz Janique       | 1969 | F50 | Le Pâquier       | SAB           | 52:34.2 | 11:00.7 |
| 17 | 47  | Ecoffey Cindy        | 1988 | F20 | Grandvillard     |               | 52:43.8 | 11:10.3 |
| 18 | 45  | Dupasquier Nadine    | 1989 | F20 | La Tour-De-Trême |               | 53:11.0 | 11:37.5 |
| 19 | 139 | Schluebach Fabienne  | 1973 | F50 | Gumefens         | FSG           | 53:31.3 | 11:57.8 |
| 20 | 2   | Aebischer Barbara    | 1965 | F50 | Attalens         |               | 54:01.3 | 12:27.8 |
| 21 | 11  | Bapst Anick          | 1975 | F40 | Pringy           |               | 54:39.6 | 13:06.1 |
| 22 | 140 | Pasquier Brigitte    | 1969 | F50 | Sales            | FSG Sales     | 55:26.4 | 13:52.9 |
| 23 | 73  | Kolly Anne-Julie     | 1986 | F20 | Enney            |               | 55:28.8 | 13:55.3 |
| 24 | 7   | Andrey Jessica       | 1993 | F20 | Le Pâquier       | CS Le Pâquier | 55:29.5 | 13:56.0 |
| 25 | 120 | Sudan Odile          | 1989 | F20 | Albeuve          | Ski Club Lys  | 55:44.5 | 14:11.0 |
| 26 | 78  | Mayah Kelly Marie    | 1996 | F20 | Bulle            |               | 57:06.9 | 15:33.4 |
| 27 | 106 | Stahl Sandrine       | 1972 | F50 | Blonay           |               | 57:14.0 | 15:40.5 |



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| 28 | 27   | Calvet Milène           | 1979 | F40  | Matran               |             | 57:15.8   | 15:42.3 |
| 29 | 127  | Théraulaz Aurélie       | 1990 | F20  | Grandvillard         |             | 57:50.5   | 16:17.0 |
| 30 | 111  | Trolliet Christa        | 1987 | F20  | Les Sciernes         |             | 58:07.1   | 16:33.6 |
| 31 | 151  | Progin Elsa             | 1995 | F20  | Bulle                |             | 58:25.0   | 16:51.5 |
| 32 | 9    | Bandel Aline            | 1999 | F20  | Vuadens              |             | 58:32.2   | 16:58.7 |
| 33 | 57   | Fischer Noémie          | 1983 | F40  | Crésuz               |             | 58:36.2   | 17:02.7 |
| 34 | 95   | Pugin Marion            | 1989 | F20  | Albeuve              | SC Lys      | 58:44.2   | 17:10.7 |
| 35 | 90   | Philipona Marie         | 1999 | F20  | Marsens              |             | 59:16.4   | 17:42.9 |
| 36 | 105  | Spicher Nicole          | 1963 | F50  | Marsens              |             | 59:19.8   | 17:46.3 |
| 37 | 109  | Tille Hélène            | 1969 | F50  | Château D'oex        |             | 59:23.1   | 17:49.6 |
| 38 | 94   | Prost Julia             | 1977 | F40  | Marsens              |             | 1h00:15.6 | 18:42.1 |
| 39 | 23   | Both Camille            | 1996 | F20  | Lessoc               | CS Neirivue | 1h01:29.1 | 19:55.6 |
| 40 | 137  | Mrowinski Alicia        | 2003 | F20  | Vaulruz              |             | 1h02:27.2 | 20:53.7 |
| 41 | 116  | Nisille Morgane         | 1999 | F20  | Enney                |             | 1h05:55.4 | 24:21.9 |
| 42 | 71   | Jungo Margaux           | 1998 | F20  | Châtel-St-Denis      |             | 1h05:55.9 | 24:22.4 |
| 43 | 162  | Andrey Annie            | 1980 | F40  | Broc                 | Team Andrey | 1h07:01.7 | 25:28.2 |
| 44 | 40   | Demange-Busset Sandrine | 1971 | F50  | Les Avanchets        |             | 1h07:06.5 | 25:33.0 |
| 45 | 68   | Houlmann Cyrielle       | 1985 | F20  | St-Prex              |             | 1h09:37.4 | 28:03.9 |
| 46 | 56   | Felli Zoé               | 2005 | F20  | Châtel-St-Denis      | Le44.ch     | 1h10:27.8 | 28:54.3 |
| 47 | 146  | Matthey Alexandra       | 1988 | F20  | Couvet               |             | 1h10:28.5 | 28:55.0 |
| 48 | 10   | Bandel Sandra           | 1974 | F40  | Essertines-Sur-Rolle |             | 1h12:19.2 | 30:45.7 |
| 49 | 150  | Zurkinden Valérie       | 2002 | F20  | Rossens              |             | 1h13:06.7 | 31:33.2 |
| 50 | 149  | Spicher Stéphanie       | 1990 | F20  | Farvagny-Le-Petit    |             | 1h13:07.4 | 31:33.9 |
| 51 | 97   | Roduit Christelle       | 1977 | F40  | Ecuwillens           |             | 1h17:15.7 | 35:42.2 |
| 52 | 29   | Carrel Davina           | 1990 | F20  | Chernex              |             | 1h35:41.8 | 54:08.3 |
| 53 | 88   | Oberson Patricia        | 1966 | F50  | Chernex              |             | 1h35:42.5 | 54:09.0 |